

# FEBRUARY 2024

## VPI COMMUNITY INCLUSION - DAY SERVICES

MON	TUE	WED	THU	FRI
			<b>1</b> Wellness with Jacob at Brewster at 1230pm (C)	<b>2</b> Salvation Army at 10a (V)
<b>5</b> Health Matters at Kensington at 9a (C)	<b>6</b> Chair Stretching with Dynamo Jane at Brewster (No Bus) at 10a (S); <i>Community Inclusion Board at Kensington at 130pm</i>	<b>7</b> StrongBodies at Kensington to 9am (C); <i>"Keep Marching" at The Weidner Center at 10am (O)</i>	<b>8</b>	<b>9</b>
<b>12</b> Health Matters at Kensington at 9a (C); <i>Tales and Stories with Kathleen at Brewster at 1p</i>	<b>13</b> Chair Stretching with Dynamo Jane at Brewster at 10am (S); <i>Crafty Communities at Kensington at 1145a (C)</i>	<b>14</b> StrongBodies at Kensington to 9am (C)	<b>15</b> Card Games at Foster Elementary at 11am (O)	<b>16</b>
<b>19</b> Health Matters at Kensington at 9a (C)	<b>20</b> Chair Stretching with Dynamo Jane at Brewster at 10a (S); <i>Jake's Network of Hope at 1230pm (V)</i>	<b>21</b> StrongBodies at Kensington to 9am (C)	<b>22</b>	<b>23</b>
<b>26</b> Health Matters at Kensington at 9a (C)	<b>27</b> Chair Stretching with Dynamo Jane at Brewster at 10am (S)	<b>28</b> StrongBodies at Kensington to 9am (C)	<b>29</b>	3/1: Salvation Army at 10a (V)

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(C): Class  
(O): Outing  
(S): Speaker  
(V): Volunteer