








# JUNE 2025

## VPI COMMUNITY OUTREACH CENTER YOUTH + YOUNG ADULT PROGRAM (AGES 14-24)

MON 11am to 4pm	TUE 12:30pm to 6pm	WED 11am to 4pm	THU 12:30pm to 6pm	FRI 11am to 4pm	SAT once/month
<b>2</b> 12:00PM: Walking Club (Center Closed During Activity) 2:30PM: Wii Sports	<b>3</b> 1:30PM: Yoga 4:00PM: Group Meal (Lemon Kale Salmon Salad)	<b>4</b> <b>OUTING:</b> <b>Timber Rattlers Game</b> <b>(11:45AM-2:30PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 11:45AM</b> 	<b>5</b> 1:30PM: Calendar Planning Committee (V) 4:00PM: Relationship Group (V)	<b>6</b> Fun Friday: YMCA: 12:00PM- 1:30PM (Center Closed During Activity) 2:30PM: Mystery Activity	<b>7</b> CLOSED
<b>9</b> 12:00PM: Gaming Club 2:30PM: Self-Care Group	<b>10</b> 1:30: Gardening Club 4:00PM: Group Meal (Chicken Brats)	<b>11</b> <b>OUTING:</b> <b>Erb Pool</b> <b>(12:30PM- 3:00PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 12:30PM</b> 	<b>12</b> 1:30PM: Walking Club (Center Closed During Activity) 4:00PM: Art Group	<b>13</b> Fun Friday: YMCA: 12:00PM- 1:30PM (Center Closed During Activity) 2:30PM: Mystery Activity	<b>14</b> CLOSED
<b>16</b> 12:00PM: Mental Health Group (V) 2:30PM: Young Women's Leadership Group (V)	<b>17</b> <b>OUTING:</b> <b>Adopt a Park Clean - Up</b> <b>(1:30PM- 3:00PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 1:30PM</b> 	<b>18</b> 12:00PM: Gaming Club 2:30PM: Wii Sports	<b>19</b> 1:30PM: Yoga 4:00PM: Relationship Group (V)	<b>20</b> Fun Friday: YMCA: 12:00PM- 1:30PM (Center Closed During Activity) 2:30PM: Mystery Activity	<b>21</b> <u>ORC OPEN 9AM to 2PM</u> <b>OUTING:</b> <b>Grilled Cheese Day at Silver-Shea</b> <b>Holstein Farm</b> <b>(10:00AM- 1:00PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 10:00AM</b> 
<b>23</b> 12:00PM: Gardening Club 2:30PM: Art Group	<b>24</b> <b>OUTING:</b> <b>Hiking at High Cliff State</b> <b>Park</b> <b>(2:00PM-4:30PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 2:30PM</b> 	<b>25</b> 12:00PM: Walking Club (Center Closed During Activity) 2:30PM: Self-Care Group	<b>26</b> <b>OUTING:</b> <b>Pickle Ball at Tungate Pickleball</b> <b>Courts</b> <b>(1:00PM- 2:30PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 1:00PM</b> 	<b>27</b> Fun Friday: YMCA: 12:00PM- 1:30PM (Center Closed During Activity) 2:30PM: Mystery Activity	<b>28</b> CLOSED
<b>30</b> <b>OUTING:</b>  <b>Bay Beach Amusement Park</b> <b>(11:30AM- 2:30PM)</b> <b>Sign- Up in Advance</b> <b>Leave ORC at 11:30PM</b>	<div> <p><b>Available Daily:</b> One on one coaching with Outreach Y/YA Specialists and Coordinator, Craft Supplies and Projects, Mindful Coloring, Computers with Internet Access, Help Wanted (Community Service at ORC to keep up center), Board and Card Games, Group Activities, Outings, and Referrals to community resources, agencies, services.</p> <p>Please note that the Outreach Center will be open Before/After scheduled outings as time permits. The center is closed during scheduled outings times, as well as times specified on the calendar.</p> </div>				

(V) = Virtual Group option associated with the activity. Secure link for group would be e-mailed to interested members. Call the ORC to receive the link.

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### Activity Descriptions:

Adopt a Park Clean-Up: Giving back to the community outing. Members will assist with cleaning up an area park.

Art Group: Members will be guided in an artistic activity and have the opportunity to use different art mediums.

Bay Beach Amusement Park: Being social in the community outing. Members will enjoy the rides of the amusement park. Please bring extra money if wanting to purchase food and drink.

Calendar Planning Committee: Members will work together to plan outings for the month of July.

Erb Pool: Getting active in the community outing. Members will enjoy the pool and sun. Please bring appropriate swimwear and necessities for being in the sun.

Gaming Club: Members will socialize through Wii gaming activities, card games, and board games.

Gardening Club: Members will learn the skills associated with planting and caring for a garden. Members will work to start an indoor garden.

Group Meal: All members are welcome to join group meal, a movie will be shown during this activity.

Grilled Cheese Day at Silver-Shea Holstein Farm: Learning from the community outing. Members will enjoy food and learn more about the dairy industry.

Hiking at High Cliff State Park: Getting active in the community outing. Members will explore the hiking trails at the state park.

Mental Health Group: Focus on topics related to mental health to promote awareness and mental wellness.

Mystery Activity: Members will be guided through activities by staff for Fun Fridays in the month of June.

Pickleball at Tungate Pickleball Courts: Getting active in the community outing. Members will learn and test their skills playing pickleball.

Relationship Group: Members will explore relationships from friendships to significant others. Members are encouraged to share topic ideas for group discussions.

Self-Care Group: Members will be guided through the meaning of self-care and different activities will be shown to promote one's self-care.

Timber Rattlers Game: Being social in the community outing. Members will enjoy a baseball game with peers. Please remember to bring extra money if wanting to purchase items at game.

Walking Club: Members will explore the Appleton area during this physical activity. The center will be closed during this activity.

Wii Sports: Members will be active during gaming activities using the Wii system. Different sports will be explored during each group.

YMCA: Being active in the community activity. Members will be able to participate in different physical activities at the Appleton YMCA. Please sign up prior to activity and have appropriate clothing and footwear.

Yoga: Focus on physical and mental wellbeing through guided breath work and yoga techniques.

Young Women's Leadership Group: Members will learn and explore skills for leadership.

