

SEPTEMBER 2025

VPI COMMUNITY OUTREACH CENTER ADULT PROGRAM (AGES 18+)

MON 10 am to 5 pm	TUE 12 pm to 5 pm	WED 12 pm to 5 pm	THU 10 am to 5 pm	FRI 12 pm to 5 pm	SAT once/month
1 CLOSED HAPPY LABOR DAY!	2 1pm-3pm: Appleton YMCA (Member's Choice Activity) Sign Up in Advance Walking To and From 3:30pm: Birthday Club	3 1:30pm: October Planning (V) 3:00pm: Gay/Straight Alliance (V)	4 1:00pm: Relationship Group (V) 2pm-4pm: Gaming Club 3:00pm: Creative Writing	5 <u>Outing</u> Fox Crossing Trail Walk (12:45pm-3:15pm) Sign Up in Advance Depart ORC at 12:45pm	6 CLOSED
8 1:30pm: Healthy Cooking 3:00pm: Cornhole at ORC	9 1:30pm: Social/Recreational (Team Trivia) 3:00pm: Walking Club	10 1:30pm: Book Club (V) 3:00pm: Wii Sports	11 <u>Outing</u> Peshtigo Fire Museum (11:15am-3:15pm) Sign Up in Advance Depart ORC at 11:15am	12 1:00pm-3:00pm: Music Group 3:00pm: Movie at ORC	13 CLOSED
15 <u>Outing</u> Sal's Pizza (12:15pm-2:15pm) Sign Up in Advance Depart ORC at 12:15pm Walking To and From	16 1pm-3pm: Appleton YMCA (Member's Choice Activity) Sign Up in Advance Walking To and From 3:30pm: Open Discussion Group (V)	17 1:30pm: CHAMPS Cooking 3:00pm: Gay/Straight Alliance (V)	18 1:00pm: Community Spotlight Presentation (COTS/Riverview Gardens) 2pm-4pm: Gaming Club 3:00pm: Indoor Bowling	19 1:30pm: Karaoke on the Mic 3:00pm: Board and Card Games	20 OPEN 9AM to 2PM Member's Choice Activity
22 <u>ORC OPEN 12PM-5PM</u> 1:30pm: Health and Wellness (Stretching/Core Exercises) 3:00pm: Paper Airplane Flying Activity	23 <u>ORC OPEN 9AM to 4PM</u> <u>Outing</u> Community Clothes Closet (10:00am-1:00pm) Sign Up in Advance Depart ORC at 10:00am	24 1:30pm: Book Club (V) 3:00pm: Wii Sports	25 1:00pm: Mental Health Group (V) 3:00pm: Social/Recreational (Ladder Golf)	26 1:00pm-3:00pm: Music Group 3:00pm: Team Building (Word Find Activity)	27 CLOSED
29 Salvation Army Noon Meal (10:15am-1:15pm) Sign Up In Advance Depart ORC at 10:15am 1:30pm: Movie Discussion Group	30 1:30pm: Baking Group 3:00pm: Walking Club	<div> Available Daily: One on one coaching with Outreach Specialists and Coordinator, Craft Supplies and Projects, Mindful Coloring, Computers with Internet Access, Help Wanted (Community Service at ORC to keep up center), Board and Card Games, Group Activities, Outings, and Referrals to community resources, agencies, services. Please note that the Outreach Center will be open Before/After scheduled outings as time permits. The center will be closed during scheduled outings. </div>			

(V) = Virtual Group option associated with the activity. Secure link for group would be e-mailed to interested members. Call the ORC to receive the link.

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J. J. Keller
Foundation, Inc.

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Activities Description:

Appleton YMCA- Members will be able to use the YMCA facilities in activities of their choice. Members are required to sign up in advance of this activity.

Baking Group- Members will prepare baked good while following recipe instructions. Members will then have the opportunity to eat the baked good.

Birthday Club- Peer group in which member's send birthday wishes for members with September birthdays through sending out birthday cards. We will also celebrate all members with birthdays in the month.

Board and Card Games- Members will be able to free play available board and card games and test their skills.

Book Club- Peer group to engage others in conversation based on story, article, or book being read by the group. ORC is currently reading a book from the Harry Potter series.

CHAMPS Cooking- St. Joe's Food Program provide ingredients and nutritional instruction for cooking activity.

Community Clothes Closet- Giving back to the community outing. Members will assist with various tasks at the Community Clothes Closet.

Community Spotlight Presentation- A representative from COTS/Riverview Gardens will give information to members about their organization.

Cornhole at ORC- Members will interact while participating in this recreational activity at the center.

Creative Writing- Members will explore different writing platforms and have opportunities to try new writing styles.

Fox Crossing Trail Walk- Getting active in the community outing. Members will explore and walk the trails.

Gaming Club- Members will socialize through Wii gaming activities, card games, and board games.

Gay/Straight Alliance- Group that promotes education, awareness, and support for the LGBTQ+ community and its allies. All members welcome to participate.

Health and Wellness- Members will participate in cooking, workouts, and mindfulness activities that promote mental health and physical health.

Healthy Cooking- Healthy cooking activity in which members learn skills for preparing meal that fit within set budgets.

Indoor Bowling- Test your bowling skills on the ORC lanes during this social activity.

Karaoke on the Mic- Members will be able to sing to their favorite songs while interacting with their peers.

Member's Choice Activity- Members will independently choose from available activities at the ORC.

Mental Health Group- Educational group to explore different areas and topics of Mental Health in the community and in day-to-day life.

Movie at ORC- Members will vote on a movie for viewing. Snacks will be available for the movie.

Movie Discussion Group- This member led group will have members view a movie and then discuss key aspects of movie.

Music Group- Peer run group for music lovers. Members will be able to jam with other members while learning, playing various musical instruments. This will be a free style, play as you like format.

Open Discussion Group- Open format for members to have topical conversations with guidance from ORC staff members.

Outings Planning- Members discuss and plan outings/activities to be scheduled for the month of October that meet our categories of outings. Members use planning and budgeting skills for this planning.

Paper Airplane Flying Activity- Members will learn and try to master paper airplane making and fly their creations at the center.

Peshtigo Fire Museum- Learning from the community outing. Members will explore the exhibits and learn about local history.

Relationship Group- Members will explore relationships from friendships to significant others. Members will be encouraged to share topics to be discussed and participate in open discussions.

Sal's Pizza- Being social in the community outing. Members will enjoy lunch on the ORC while interacting with peers. Please bring own money for extra.

Salvation Army Noon Meal- Giving back to the community activity. Members will assist in the preparation, serving, and clean up of this community meal.

Social/Recreational Group- Giving opportunities to members to try new activities that encourage social interactions, teamwork, and communication skills.

Team Building (Word Find Activity)- Members will work together to solve word find activities while interacting with peers.

Walking Club- Social/Recreational activity of getting out in our community while promoting our physical wellness.

Wii Sports- Members will test their sport playing skills through gaming in a socially interactive activity.