

MAY 2026

VPI COMMUNITY OUTREACH CENTER ADULT PROGRAM (AGES 18+)

MON 10 am to 5 pm	TUE 12 pm to 5 pm	WED 12 pm to 5 pm	THU 10 am to 5 pm	FRI 12 pm to 5 pm	SAT once/month
<p>Available Daily: One on one coaching with Outreach Specialists and Coordinator, Craft Supplies and Projects, Mindful Coloring, Computers with Internet Access, Help Wanted (Community Service at ORC to keep up center), Board and Card Games, Group Activities, Outings, and Referrals to community resources, agencies, services.</p> <p>Please note that the Outreach Center will be open Before/After scheduled outings as time permits. The center will be closed during scheduled outings.</p>				<p>1</p> <p>1:30pm: June Planning (V)</p> <p>3:00pm: Birthday Club</p>	<p>2</p> <p>CLOSED</p>
<p>4</p> <p>1:30pm: Healthy Cooking</p> <p>3:00pm: Walking Club</p>	<p>5</p> <p>1:30pm: FVTC OTA Student Led Group</p> <p>3:00pm: Cornhole at ORC</p>	<p>6</p> <p>1:30pm: Gay/Straight Alliance</p> <p>3:00pm: Wii Sports</p>	<p>7</p> <p><u>Outing</u></p> <p>The Sweet Lair (12:45pm-2:45pm) Sign Up in Advance Depart ORC at 12:45pm</p>	<p>8</p> <p>1:00pm-3:00pm: Music Group</p> <p>3:00pm: Bingo</p>	<p>9</p> <p>CLOSED</p>
<p>11</p> <p>1:30pm: Adulting 101 (V)</p> <p>3:00pm: Creative Writing</p>	<p>12</p> <p><u>Outing</u></p> <p>Community Clothes Closet (12:00pm-2:15pm) Sign Up in Advance Depart ORC at 12:00pm</p>	<p>13</p> <p>1:30pm: Book Club (V)</p> <p>3:00pm: Karaoke on the Mic</p>	<p>14</p> <p>1:00pm: Mental Health Group (V)</p> <p>2pm-4pm: Gaming Club</p> <p>3:00pm: Life Skills Group (V)</p>	<p>15</p> <p>1:30pm: Spring Trivia</p> <p>3:00pm: Social/Recreational (Guitar Hero)</p>	<p>16</p> <p><u>OPEN</u> 9AM to 2PM</p> <p>Member's Choice Activity</p>
<p>18</p> <p>1:30pm: Cookbook Cooking</p> <p>3:00pm: Art/Crafting Club</p>	<p>19</p> <p>1pm-3pm: Appleton YMCA (Member's Choice Activity) Sign Up in Advance Walking To and From 3:30pm: Member's Choice Activity</p>	<p>20</p> <p>1:30pm: Gay/Straight Alliance</p> <p>3:00pm: CHAMPS Cooking</p>	<p>21</p> <p><u>Outing</u></p> <p>Bowling at 10th Frame (11:45am-2:00pm) Sign Up in Advance Depart ORC at 11:45am</p>	<p>22</p> <p>CLOSED</p> <p>HAPPY MEMORIAL DAY!</p>	<p>23</p> <p>CLOSED</p>
<p>25</p> <p>CLOSED</p> <p>HAPPY MEMORIAL DAY!</p>	<p>26</p> <p><u>Outing</u></p> <p>National Railroad Museum (12:30pm-3:30pm) Sign Up in Advance Depart ORC at 12:30pm</p>	<p>27</p> <p>1:30pm: Book Club (V)</p> <p>3:00pm: Wii Sports</p>	<p>28</p> <p>1:00pm: Relationship Group (V)</p> <p>2pm-4pm: Gaming Club</p> <p>3:00pm: Walking Club</p>	<p>29</p> <p>1:30pm: Baking Group</p> <p>3:00pm: Movie Discussion Group</p>	<p>30</p> <p>CLOSED</p>

(V) = Virtual Group option associated with the activity. Secure link for group would be e-mailed to interested members. Call the ORC to receive the link.

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Activities Description:

Adulting 101: ORC staff will offer supportive coaching on exploring new topics that people face as they continue to grow and mature.

Appleton YMCA- Members will be able to use the YMCA facilities in activities of their choice. Members are required to sign up in advance of this activity.

Art/Crafting Club- Members will explore different art and crafting activities while engaging with other peers.

Baking Group- Members will assist with follow a recipe to make a baked good.

Bingo- Socialize with peers while playing a center favorite. Prizes will be given to winners.

Birthday Club- Peer group in which member's send birthday wishes for members with May birthdays through sending out birthday cards. We will also celebrate all members with birthdays in the month.

Book Club- Peer group to engage others in conversation based on story, article, or book being read by the group.

Bowling at 10th Frame- Getting active in the community outing. Members will test their skills on the lane. Please bring own money for drink, snack, etc.

CHAMPS Cooking- St. Joe's Food Program provide ingredients and nutritional instruction for cooking activity.

Community Clothes Closet- Giving back to the community outing. Members will volunteer and assist staff members in completing tasks assigned.

Cookbook Cooking- Members will learn cooking skills that will focus on following given recipe to make food dish.

Cornhole at ORC- Members will engage with one another in this recreational activity.

Creative Writing- Members will explore different writing platforms and have opportunities to try new writing styles.

FVTC OTA Student Led Group- Students from FVTC OTA Program will lead members through skill building and wellness management activities.

Gaming Club- Members will socialize through Wii gaming activities, card games, and board games.

Gay/Straight Alliance- Group that promotes education, awareness, and support for the LGBTQ+ community and its allies. All members welcome to participate.

Healthy Cooking- Healthy cooking activity in which members learn skills for preparing meal that fit within set budgets.

Life Skills Group- Members will learn and practice different skills that can be used at any time in a person's life.

Karaoke on the Mic- Members will be able to sing to their favorite songs while interacting with their peers.

Member's Choice Activity- Members will independently choose from available activities at the ORC.

Mental Health Group- Educational group to explore different areas and topics of Mental Health in the community and in day-to-day life.

Movie Discussion Group- This member led group will have members view a movie and then discuss key aspects of movie.

Music Group- Peer run group for music lovers. Members will be able to jam with other members while learning, playing various musical instruments. This will be a free style, play as you like format.

National Railroad Museum- Learning from the community outing. Members will explore the current exhibits of the museum.

Outings Planning- Members discuss and plan outings/activities to be scheduled for the month of June that meet our categories of outings. Members use planning and budgeting skills for this planning.

Relationship Group- Members will explore relationships from friendships to significant others. Members will be encouraged to share topics to be discussed and participate in open discussions.

Social/Recreational Group- Giving opportunities to members to try new activities that encourage social interactions, teamwork, and communication skills.

Team Spring Trivia- Members will test their trivia knowledge while working with other peers in a team setting.

The Sweet Lair- Being social in the community. Members will socialize with peers while getting a sweet treat on the ORC. Please bring own money for extras.

Walking Club- Social/Recreational activity of getting out in our community while promoting our physical wellness.

Wii Sports- Members will test their sport playing skills through gaming in a socially interactive activity.



J. J. Keller
Foundation, Inc.